

advancement

After you become a CNA, you can then work toward becoming a Licensed Practical Nurse (LPN) or Registered Nurse (RN).

REFUND POLICY

If OACES cancels a class for any reason that a student has paid tuition, 100% of the tuition will be refunded within 45 days of the scheduled class start date. If a student chooses to withdrawal they are required to meet with a School Counselor to complete the Withdrawal Form. Withdrawal before the start of class: 100% of tuition. Withdrawal the end of the first week of classes: 75% of tuition. Withdrawal before the end of the second week of classes: 50% of tuition. Withdrawal before the end of the third week of classes: 25% of tuition. Withdrawal after the end of the third week of classes: no refund.

OACES

NURSE AIDE/NURSE ASSISTANT PROGRAM

If you are interested in finding a job or starting a new career in the healthcare profession, this New York State Department of Education approved course will prepare you for the Nurse Assistant Certification Examination. Training includes 30+ hours of actual long-term care experience, in addition to classroom and lab instruction.

Training Duration: Approximately 160 hours.

Schedule: 9:00 a.m. - 3:30 p.m., 5 days a week schedule, Monday–Friday.

Admission/Academic Requirements: Class open to all students 18 years of age and older. Must hold a high school diploma, high school equivalency certificate or willing to work towards a high school equivalency certificate while enrolled. No technology experience required.

Performance Expectations: Exemplary attendance, ability to work well with others in a group setting and a current physical examination with immunizations. Must be able to stand and/or walk for 6+ hours, as well as lift, push and/or carry 40 pounds. Must also assist clients with personal hygiene and other care-related duties as directed by a nurse.

Costs: 2018 – 2019 Tuition for Nurse Aide/Nurse Assistant Program is \$2,500.00. Additional fees include: \$150 uniform, \$115 NYS exam, \$25 NYS police background check with raised seal. **Full program payment** is required upon acceptance. Tuition assistance may be available. Applications are available online at oaces.net.

Financial Assistance for Career Training classes will be assessed on an individual basis at Intake. To schedule an Intake date go to oaces.net and click on "Enroll Now."

Career Opportunities

- According to the Bureau of Labor Statistics, the average annual salary for nurse assistants who worked in nursing homes was \$27,520 in 2017.
- Jobs for nurse assistants will increase by 11%, faster than average, from 2016 to 2026 according to the Bureau of Labor Statistics.
- Employment opportunities are available at long-term care facilities, hospitals, rehabilitation centers and medical practice offices.



Program of Study & Technical Competencies

Health Occupations Education Core/Overview of Human Body

- Read non-digital thermometer in Fahrenheit /Centigrade degrees
- Measure blood pressure within 6mm/Hg
- Write 3 sets of vital signs

Health Occupations Education Core/Emergency Care

- Provide first-aid for shock
- Apply roller bandage using figure 8, closed spiral and a recurrent fingertip
- Use splinting technique for immobilization
- Apply arm sling
- Demonstrate ways to clear obstructed airway for adults, children and infant/Heimlich maneuver

Infection Control

- Understand hand-washing
- Understand isolation - Strict Technique
- Use concurrent and terminal disinfection
- Use personal protective equipment
- Follow isolation procedures in the disposal of soiled linen
- Demonstrate principles of infection control consistently

Personal Care

- Assist the resident to sit up in bed
- Make an unoccupied and occupied bed
- Provide mouth care (natural and no teeth)
- Provide denture care
- Provide oral care for the unconscious resident
- Give a complete bed-bath
- Give a back rub

- Provide perineal care (male and female)
- Assist with a tub bath/whirlpool and emollient bath, Stitz bath
- Assist with a shower
- Provide hair care, dressing, shaving, nail care (hand and foot), skin care, artificial eye care
- Provide AM and PM care

Nutrition and Diet Therapy

- Serve tray/water/between meal nourishments
- Measure/record food and fluid intake

Elimination Procedures

- Provide ostomy care
- Provide urinary catheter care
- Provide care of and emptying of urinary drainage bag
- Assist the resident with the bedpan, urinal, commode (offer/remove/clean)
- Administer enemas
- Collect urine specimens
- Collect stool specimens
- Measure/record urinary output

Lifting, Moving, Transporting

- Transfer patient from bed to wheelchair to bed
- Transfer patient from bed to stretcher to bed
- Assist with the use of crutches, walkers and canes
- Ambulate a resident
- Apply restraint
- Demonstrate proper body techniques consistently
- Demonstrate proper cast and traction care
- Use ambulation adaptive equipment
- Use positioning devices in bed and chair

- Use prosthetic/orthotic devices
- Apply hand splint
- Position resident in bed and chair

Admissions, Transfers, Discharges and Physical Exams

- Assist with admitting the patient
- Measure/record height and weight
- Position and drape the resident for physical examination
- Clean/collect specimens following physical exam
- Understand discharge and transfer procedures

Pre- and Post-operative Care

- Shave a resident in preparation for surgery
- Apply elastic stockings
- Apply binders
- Assist resident to turn and deep breathe

Circulatory and Respiratory Care

- Apply warm and cold applications
- Take and record vital signs

Life Changes and Adaptations

- Provide postmortem care

Communication and the Client

- Demonstrate use of signal or call light, intercom and telephone
- Report objective and subjective observation
- Communicate effectively with residents having sensory loss

Certification/Instructional Outcomes

- Nurse Aide/Nursing Assistant – Certificate of Completion
- American Heart Association CPR Certification
- ServSafe Food Handler

Upon course completion students can take the NYS Nurse Assistant Exam for CNA Licensure."